



**WARNING!**  
Ask an adult's permission before using the stove.

**DID YOU KNOW?**  
Tom kha is a Thai soup—similar to the one shown—that first appeared in a recipe book in about 1890.

## Make chicken soup with coconut and lime

### Ingredients

- 8 ounces flat rice noodles
- 1 (13.5-ounce) can coconut milk
- 3 cups chicken broth
- 2 teaspoons freshly grated ginger
- 1 tablespoon fish sauce
- 2 stalks lemongrass, halved lengthwise
- Juice of 2 limes, plus a 2-inch strip of zest
- 1 red bell pepper, thinly sliced
- 1 medium peeled carrot, cut into matchsticks
- 2 cups shredded rotisserie chicken
- 2 cups fresh baby spinach leaves
- Kosher salt
- Handful of cilantro leaves, for serving
- Handful of mint leaves, for serving

### Instructions

1. Prepare the rice noodles according to the package directions. Set aside.
2. In a large pot, combine the coconut milk, chicken broth, ginger, fish sauce, lemongrass, and strip of lime zest. Bring to a simmer and let cook 10 minutes. With a big slotted spoon, scoop out and discard the lemongrass and lime zest.
3. Add the bell pepper, carrot, and chicken to the broth and continue to simmer for 5 minutes. Turn off the heat and stir in the spinach and  $\frac{1}{4}$  cup lime juice. Taste and season with salt if needed and add more lime juice if desired.
4. To serve, place a portion of noodles in a bowl. Ladle the soup on top, then garnish with cilantro and mint. Makes 6 servings.



### LIFE HACK CLEAN OUT YOUR BACKPACK

A favorite backpack can get dirty pretty quickly when you use it often. If you haven't given it a deep clean all year, now is a good time. Open it up, empty the contents, and turn the bag upside down outside to shake out any crumbs. Scrub any stains with a stiff brush. Many nylon and canvas backpacks can go in the washing machine (ask an adult first). Wash yours on a weekend, then leave it out to dry. When you repack, organize the inside by grouping similarly sized items together: Put a laptop and notebooks in the largest compartment and pens and pencils in a smaller pocket. Keep your bag neat by going through it at the end of each day and getting rid of things you don't need.



Tidying helps you stay organized.